



ConnectedLE

Connecting through lived experience • Mental health and wellbeing training

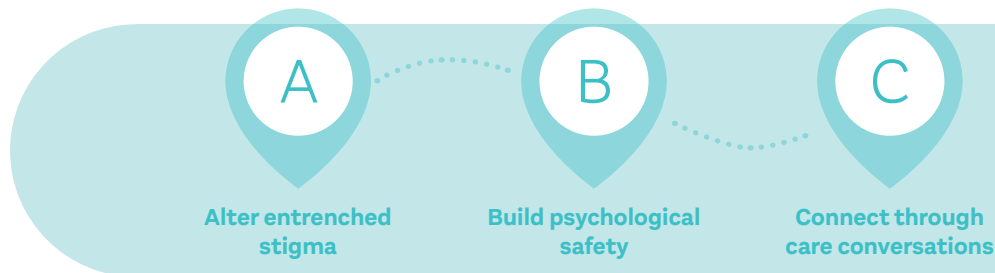
Market Need

Outcomes from the 2020 Productivity Commission Inquiry Report into Mental Health highlighted two key reforms:

1. The need for improvement to training delivery for mental health and wellbeing that better targets prevention and early intervention
2. To create a person-centred mental health system where the effectiveness of services, programs, training and pathways to care are grounded in the voice of lived experience

Enabling Thriving Organisations

ConnectedLE has responded to health reform by designing video-based online education through a prevention lens that draws on lived experience insights (and the professions charged with assisting people) to build mental health and wellbeing capability and confidence



Services

eLearning Mental Health and Wellbeing Short Courses

Online training courses incorporating 10 modules + unlimited access to resources and video content

- Increase knowledge and awareness of risk factors
- Provide practical skills and tools to support help-seeking behaviour
- Builds mental health and wellbeing confidence and capability

Modules are underpinned by the ABC of Mental Health – Awareness Builds Competency which provides a consistent approach to delivery of learning outcomes

Workshops and Information Sessions

By taking part in face-to-face workshops and information sessions, learners will gain practical strategies delivered through real-life scenarios, case studies and simulations that reinforce learnings taken from the eLearning modules

ConnectedLE can design and tailor training to different industries for a bespoke training experience.

To find out more and access courses head to www.connectedle.com or call [0416 032 307](tel:0416032307)

Empower people and organisations to change how they connect and care for their people