

# How ConnectedLE Training Aligns with Workplace Health and Safety (WH&S) Laws



## Promoting Psychological Safety and Wellbeing

ConnectedLE training empowers organisations and HR departments to align with Workplace Health and Safety (WH&S) laws. By focusing on prevention-focused pillars, ConnectedLE ensures compliance with Safe Work Australia’s Model Code of Practice for managing psychosocial hazards. This training fosters a culture of psychological safety and wellbeing, helping workplaces thrive in a changing world.

### Prevention-Focused Pillars



### Creating Mentally Healthy Workplaces

#### 1. Protect Against Harm

ConnectedLE training equips leaders and employees with the knowledge and skills to identify and mitigate psychosocial hazards. This proactive approach helps reduce risk factors such as stress, work overload, and burnout, ensuring a safer and healthier work environment.

#### 2. Respond to Distress

The training provides employees with the tools to recognise and respond to early warning signs of distress and mental health concerns. By fostering timely support and intervention, workplaces can address issues before they escalate, promoting psychological safety.

#### 3. Promote Mental Wellbeing

ConnectedLE promotes a culture of mental wellbeing by encouraging open dialogue and reducing stigma around mental health. Through accredited self-directed online modules, workshops, and supported learning programs, participants continuously develop their skills to maintain a thriving workplace.

### Key Benefits

- Fosters a resilient and mentally healthy workforce
- Ensure compliance with WH&S laws and regulations
- Proactively manage psychosocial hazards to reduce risks
- Foster a culture of psychological safety and open communication
- Promote long-term mental wellbeing strategies for sustainable success

## Contact Us

For more information about ConnectedLE training and how it can benefit your organisation, please visit our website or contact us:

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